



IFBW · INTEGRATIVE FUNCTIONAL BOTANICAL WELLNESS · CERTIFICATION

Welcome to the IFBW Foundation Certification

Integrative Functional Botanical Wellness Foundation Certification

STARTS

24 January 2027

Member courses begin on their own dates

FORMAT

Online · Bilingual

English and Chinese

PRICE

¥14,599

Stated list price ¥14,954

You are in the right place

The Foundation Certification is the entry route into Integrative Functional Botanical Wellness: two FNWM nutrition phases and the Foundation tier of Plant Aromatic Application, taken together and certified together.

"Nature itself is the best physician."

Hippocrates

DUAL CERTIFICATES

Stronger recognition, greater value: the package issues an ANWA certificate, and the National Level 1 certificate is available alongside it. The National certificate is not a course on this platform, which is why the stated list price is higher than the courses add to.

What the package contains

Each course below is a full course in its own right, taken in its own intake. Buying the package enrolls you in all of them at once.

COURSE **FNWM Phase 1 — Foundation of Nutrition**

1

Core nutrition principles, functional foods and supplements, and the digestive system. ¥4,299 separately.

COURSE **FNWM Phase 2 — Intermediate Functional Nutrition Essentials**

2

The functional food market, family-wide detoxification and metabolic health. ¥5,268 separately.

COURSE **Plant Aromatic Application (Foundation)**

3

The three aromatic essentials, quality and ecology, and hands-on blending. ¥3,599 separately.

COURSE **National Level 1 certificate (optional)**

+

Not a course on this platform: a co-issued certificate available alongside the ANWA one, ¥1,788, and the reason the stated list price is ¥14,954.

Your place in the Botanical Wellness path

FOUNDATION

Begin

INTERMEDIATE

Build

ADVANCED

Practise

Foundation, Intermediate and Advanced are one path. The certification packages bundle it with the FNWM phases, so the nutrition science and the aromatic practice are learned together rather than separately.

Each course publishes its own week-by-week outline before it begins.

Your teaching team

Dr Anthony Ng

Lead Instructor, Phase 3 · Hong Kong

Ms Stephanie Chin

Instructor · Melbourne

Ms Lina Lee

Instructor · Melbourne

Mr Stanley Ho

Instructor · Melbourne

Mr Andy Cheung

Instructor · Hong Kong

Full profiles at anwa.org/instructors

Where the IFBW Foundation Certification takes you

- Hold an ANWA certificate covering both functional nutrition and plant aromatic practice, rather than one or the other.
- Take the National Level 1 certificate alongside it for stronger recognition.
- Work with clients on nutrition and aromatics together, within your professional scope.
- Progress to the Advanced Certification, which adds FNWM Phase 3 and the Intermediate and Advanced aromatic tiers.

A certificate you can stand behind

Verifiable

Every ANWA certificate carries a code anyone can check at anwa.org/verify.

5,000+ students

Taught by ANWA since 2012, across Australia, China, Hong Kong, Taiwan, Malaysia and Singapore.

Academic partners

Genovasi University College · Raffles University · Mantissa College

Dates and how to enrol

- **24 January 2027** — The earliest member course begins.
- **1 March 2027** — The Intermediate and Advanced aromatic courses begin.
- **Now** — Enrolment is open. All member courses are enrolled at once.

You are enrolled in every member course at once and take them in their own intakes. Each course can also be bought on its own, at the prices listed above.

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Enrol: www.anwa.org/enrol · www.anwa-cn.com/enrol

Questions: support@anwa.org

Australia Nutrition & Wellness Association · anwa.org