



IFBW · INTEGRATIVE FUNCTIONAL BOTANICAL WELLNESS · INTERMEDIATE

Welcome to Plant Aromatic Application — Intermediate

Intermediate · Builds the knowledge base

STARTS

1 March 2027

17 weeks · online

FORMAT

Online · Bilingual

English and Chinese

PRICE

¥6,899

Standalone course · also sold
inside the IFBW packages

You are in the right place

Intermediate builds the knowledge base: aroma science, TCM constitution and nutrition, and your first full working kit. The program begins at Intermediate for anyone who already works with essential oils and wants a formal qualification behind it.

"Nature itself is the best physician."

Hippocrates

WHERE THE PROGRAM BEGINS

Builds the knowledge base: aroma science, TCM constitution and nutrition, and your first full working kit.

What you will study

Every tier of Plant Aromatic Application is taught under the same four modules, so what changes between them is depth, not subject: botanical aromatics, core knowledge, fragrance aesthetics and applied practice.

CHAPTER **General Knowledge of Plant Aroma**

1

Origins of aroma: an overview of fragrance development in the East and West.

CHAPTER **Basic Knowledge**

2

Aroma energy and essential oil science, with 20 essential oils, 3 carrier oils and 2 hydrosols.

CHAPTER **The Aesthetics of Fragrance**

3

Recreating ancient perfume formulas, and what they teach about composition.

CHAPTER **Practical Applications**

4

Botanical aromatics in nutrition practice: TCM constitution and meridian applications.

Your place in the Botanical Wellness path

FOUNDATION

Begin

INTERMEDIATE · YOU

Build

ADVANCED

Practise

Foundation, Intermediate and Advanced are one path: Foundation needs no prior experience, Intermediate builds the knowledge base, and Advanced turns that knowledge into professional practice.

The full week-by-week outline is published before the course begins.

Your teaching team

Dr Anthony Ng

Lead Instructor, Phase 3 · Hong Kong

Ms Stephanie Chin

Instructor · Melbourne

Ms Lina Lee

Instructor · Melbourne

Mr Stanley Ho

Instructor · Melbourne

Mr Andy Cheung

Instructor · Hong Kong

Full profiles at anwa.org/instructors

Where Intermediate takes you

- Explain aroma energy and essential oil science well enough to defend a blend, not just describe it.
- Read a client through TCM constitution and meridians, and match aromatics to what you find.
- Work with a full kit — 20 essential oils, 3 carrier oils and 2 hydrosols.
- Qualify for Advanced, and for the IFBW Advanced Certification that contains both tiers.

A certificate you can stand behind

Verifiable

Every ANWA certificate carries a code anyone can check at anwa.org/verify.

5,000+ students

Taught by ANWA since 2012, across Australia, China, Hong Kong, Taiwan, Malaysia and Singapore.

Academic partners

Genovasi University College · Raffles University · Mantissa College

Dates and how to enrol

- **1 March 2027** — Intermediate begins. 17 weeks, online.
- **Now** — Enrolment is open.

This course can be taken on its own, or as part of an IFBW certification package — the package route adds the FNWM phases and a second, co-issued certificate.

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17 weeks · online

Enrol: www.anwa.org/enrol · www.anwa-cn.com/enrol

Questions: support@anwa.org

Australia Nutrition & Wellness Association · anwa.org